

2016

Santa Maria Youth Resource Guide

Dial 2-1-1
for Immediate
Assistance

Service Providers

2-1-1 is a collaborative effort and we need your partnership. Your agency is responsible to get your information to 2-1-1 and provide updates.

If you are not in 2-1-1 and/or would like to review or update your information contact us at 211sbco@cacsb.com



Santa Barbara County 2-1-1 Health and Human Services Helpline

2-1-1 is an easy to remember Health and Human Service phone number connecting you to resources, which are tailored to your needs and circumstances. We take into account accessibility, eligibility requirements and other factors. 2-1-1 is Free, Confidential, and Available 24 Hours a Day, 7 Days a Week in 150 Languages.

What happens when you dial 2-1-1?

When you dial 2-1-1, you will speak to one of our live representatives. We will ask some questions about yourself and your situation. The call is a confidential conversation; we will use your answers to determine the best resources for you. You will be provided accurate information on various programs available in your city.

What is the difference between 2-1-1, 9-1-1 and 4-1-1 phone numbers?

2-1-1 Community Health and Human Services

9-1-1 Life Threatening Emergency Services

4-1-1 Business Directory

Dial 2-1-1 to find Health and Human Services including:

Senior Services

Food Assistance

Counseling

Housing

Legal Assistance

Health Care

And much more ...



TABLE OF CONTENTS

HOTLINES	Page 1-4
BASIC NEEDS	Page 5-6
MENTAL HEALTH	Page 7-8
SUBSTANCE ABUSE	Page 9-10
EDUCATION	Page 11-13
EMPLOYMENT	Page 14-15
RELATIONSHIP & CONFLICT RESOLUTION	Page 16
MENTORSHIP	Page 17
LEADERSHIP	Page 18-19
RECREATION	Page 20
SEXUAL & REPRODUCTIVE / HEALTH	Page 21-22
EXPECTANT & PARENTING TEENS	Page 23-24
FOSTER YOUTH	Page 25-26
LAW & PROBATION	Page 27-28

HOTLINES

CRISIS & SUICIDE RESPONSE

Crisis and Recovery Emergency Services (C.A.R.E.S.) – Behavioral Wellness

Provides psychiatric evaluations for involuntary hospitalization. Adult and children evaluations are done by an on-call psychiatrist and are provided countywide 24 hours a day.

Eligibility: All people in crisis due to alcohol, drug, and/or mental health problems
Language: English, Spanish and Multiple Language Capability
Phone Number: 888.868.1649 24/7 Hotline–Access
Website: www.admhs.org

Safety Alternative for Treating Youth (S.A.F.T.Y.) – Casa Pacifica

Mobile crisis response for youth; services include specialized crisis intervention, in-home support, and linkage to county mental health services with the goal of preventing psychiatric hospitalization, detention in juvenile facilities, or placement in out-of-county facilities.

Eligibility: Children/youth ages 20 and under in Santa Barbara County that engage in unsafe behaviors that put him/her at risk of out-of-home placement. Behaviors include self harm or suicidal thoughts, aggressive behavior towards others at home or in the community, high risk behavior (i.e. substance abuse, running away from home), and non-compliant behavior towards authority figures.
Language: English, Spanish
Phone Number: 888.334.2777 24/7 Toll Free Crisis Line
Website: www.casapacifica.org

Youth Crisis Line – California Youth Crisis Line

Crisis support for youth and their families. Helps youth feeling misunderstood or overwhelmed and needing to talk to someone about what’s happening in their life. Provides phone support and referrals for local resources.

Eligibility: Youth ages 12-24 and their families
Language: English, Spanish and multilingual capability
Phone Number: 800-843-5200
Website: www.youthcrisisline.org

Crisis Hotline and Helpline Service – Community Helpline

Assist callers with a wide variety of struggles and personal situations anonymously. Addresses topics such as depression, anxiety, loss, grief, family and domestic violence, sexual orientation, substance abuse, physical or mental abuse, coping/struggling with mental health disorders, crisis, and suicide. Open to various topics and offers community resources.

Eligibility: Open to all California residents, no age limitations
Language: English, Spanish
Text Number: 877.541.2525 Hotline Open 7am-10pm
Website: www.hycinc.org/community-helpline-hotline/

Emergency Psychiatric Services – Cottage Health

Provides 24-hour emergency mental health, psychiatric, and chemical dependency evaluations; emergency consultations and crisis intervention; triaging to the most appropriate level of follow-up care.

Eligibility: Any person going through a psychiatric emergency
Language: English, Spanish
Phone Number: 805.569.8339
Website: www.cottagehealth.org

Crisis Text Line

Live trained crisis counselor that communicates through a secure crisis text message. The counselor uses active listening and provides referrals to help clients to stay safe and healthy.

Eligibility: Anyone in crisis
Language: English
Text Number: 741-741
Website: www.crisistextline.org

National Suicide Prevention Lifeline

Provides mental health services for all individuals of all ages, including veterans and families of military personnel. Services include crisis intervention, suicide prevention hotline, as well as a chat line. The hotline is a national, 24 hour, suicide prevention service available to individuals seeking help with emotional distress or in a suicidal crisis.

Eligibility: Anyone in emotional distress, in a crisis situation or suicidal.
Language: English, Spanish; other languages available through tele-interpretation line
Phone Number: 800.273.8255 Phone 24 Hour Hotline
888.628.9454 Phone 24 Hour Hotline - Spanish
800.799.4889 TTY 24 Hour Hotline - TTY Line for the Hearing Impaired
Website: www.suicidepreventionlifeline.org

Youth Crisis Line – Noah’s Anchorage

Offers callers counseling, information and referrals, as well as access to immediate shelter.

Eligibility: Available for youth up to age 18
Language: English, Spanish
Phone Number: 866.435.7833 24/7 Help Line
Website: www.ciyymca.org

PEER INTERVENTION

Teen Line

Personal teen-to-teen education and support before problems become a crisis. Teens are trained to talk about suicide, depression, LGBTQ, sex, and more.

Eligibility: Open to all teens
Language: English
Phone Number: 800.852.8336 Hotline open 6pm–10pm
Text Number : 839-863 Text Line open 5:30-9:30pm
Website: www.teenline.org

CHILD ABUSE REPORTING

Child Welfare Services – Santa Barbara County Department of Social Services

Assesses and investigates allegations of child abuse or neglect.

Eligibility: Open to all. If a child is in immediate danger call 911

Language: English, Spanish

Phone Number: 800.367.0166 24/7

Website: www.countyofsb.org/socialservices

DOMESTIC VIOLENCE

Emergency Shelter & Crisis Hotline – Domestic Violence Solution for Santa Barbara County

Confidential emergency shelter and ongoing support for women and their children in a domestic violence situation. Offers callers counseling, information and referrals, as well as access to immediate shelter.

Eligibility: Eligibility for shelter based on screening protocol. Hotlines open to all

Language: English, Spanish

Phone Number: 805.925.2160 24/7 Toll free crisis line

Website: www.dvsolutions.org

SEXUAL ASSAULT

Crisis Intervention & Education – North County Rape Crisis & Child Protection Center

Offers counseling, advocacy referral, and crisis intervention on the following, personal safety, sexual assault, child abuse prevention, dating violence prevention, healthy relations and mandated reporting.

Eligibility: Open to all

Language: English, Spanish

Phone Number: 805.928.3554 24/7 Hotline

Website: www.sbcountyrapecrisis.org

Sexual Assault Response Team – Santa Barbara County Public Health Department

Coordinates and implements services to adults who have been sexually assaulted or children who have been sexually abused. Coordinated services include a medical-legal examination, forensic interviewing, emotional support, crisis intervention, and counseling referrals.

Eligibility: Suspected sexual assault or sexual abuse is indicated

Language: English, Spanish

Phone Number: 805.682.0702 24/7

Website: www.sbcphd.org

HUMAN TRAFFICKING

Hotline & Residential Service for Sexually Exploited Children – Children of the Night

Hotline to rescue sexually exploited children and provide them a safe home.

Eligibility: Open to sexually exploited children between the age 11-17

Language: English, Spanish, Arabic, Russian

Phone Number: 800.511.1300 Toll free 24/7 Rescue Hotline

Website: www.childrenofthenight.org

National Human Trafficking Resource Center – Polaris Project

Phone and text services that connects victims and survivors of human trafficking with critical social services. Also accepts reports of potential human trafficking. All reports are confidential.

Eligibility: Any child or adult who feels they are compelled against their will to provide sex services or forced labor. This includes children involved in the sex trade, adults age 18 or over who are forced or deceived into commercial sex acts, and anyone forced into different forms of “labor or services,” such as domestic workers held in a home, or farm-workers forced to labor against their will.

Language: Multiple language capability

Phone Number: 888.373.7888 24/7 Toll Free Rescue Hotline

Website: www.polarisproject.org

LGBTQ+

Crisis Intervention & Prevention for LGBTQ – Youth Trevor Project

Counselors to support LGBTQ+ youth in crisis, feeling suicidal, or in need of a safe and judgement-free place to talk.

Eligibility: Youth LGBTQ+

Language: English

Phone Number: 866.488.7386 24/7 Line

Website: www.thetrevorproject.org

EATING DISORDER

Information & Referral Helpline – National Eating Disorder Association

Support and guidance to individuals and family members affected by eating disorders. Provides education, information and referrals when needed.

Eligibility: All are eligible

Language: English, Spanish

Phone Number: 800.931.2237 Hotline Open 9am-9pm

Website: www.nationaleatingdisorder.org

BASIC NEEDS

SHELTER

Youth Crisis Shelter – Noah’s Anchorage

Licensed residential eight-bed group home and shelter for runaway and at risk-youth. Services include residential and non-residential assistance. Provides therapeutic group, activities, family reunification counseling, community referrals, and crisis counseling. Service located in Santa Barbara city but available for Santa Barbara County residents.

Eligibility: Residential services can be offered to youth age 10-17. Shelter services and counseling available up to age 18.

Language: English, Spanish

Phone Number: 866.435.7833 24/7 Help Line

Website: www.ciymca.org

FOOD

Food Distributions – Foodbank of Santa Barbara County

General grocery item supplies to those in need at various locations and times.

Eligibility: Open to all - call for more information and to identify distribution site near you

Language: English, Spanish

Phone Number: 805.937.3422

Website: www.foodbanksbc.org

CLOTHING

Teen’s Closet – Children Resource Network of the Central Coast

Clothes for children and teens ages newborn to 18. Santa Maria High School students can access the Teen’s Closet on a walk-in basis on Friday’s during lunch and after school. Other community members are able to access the program every Friday 3-4 pm.

Eligibility: Children and Teens

Language: English, Spanish, Mixteco

Phone Number: 805.709.5404 English
805.202.8151 Spanish & Mixteco

Website: www.childrensresourcenetwork.org

FOOD & CLOTHING

*Unity Shoppe – Unity Shoppe Inc.

Assist with food, clothing, shoes, diapers, baby and household furniture and goods, and other essentials. Items are available and provided in a store-like atmosphere. Service located in Santa Barbara but available for all Santa Barbara County residents.

Eligibility: Must call for phone interview to determine eligibility. Referral required by school, or community based organization. If no referral is provided Unity Shoppe employees can refer after phone interview.

Language: English, Spanish

Phone Number: 805.965.4122

Website: www.unityshoppe.org

TRANSPORTATION

SMAT Bus – Santa Maria Areas Transit

Public transportation equipped with wheelchair ramps and bicycle racks on all buses. Students are eligible for reduced fares with a valid school Identification card.

Eligibility: Open to all

Language: English

Phone Number: 805.928.5624

Website: www.cityofsantamaria.org

MENTAL HEALTH

THERAPY & COUNSELING

Children's Mental Health Services – Behavioral Wellness

Services for severely emotionally disturbed minors; minors at risk for out of home placement and/or school failure. Offers individual, group, medication therapies, evaluation, and treatment.

Eligibility: Teens or Children

Language: English, Spanish

Phone Number: 805.934.6380

Website: www.admhs.org

Counseling – Community Counseling Center

Short-term, low-cost, professional counseling for individuals, couples and families who would not otherwise be able to afford it due to no insurance and or a low to moderate income. Counselors see children, adolescents, and adults of all ages with a variety of problems including: anxiety, depression, eating disorders, marital and family issues, parenting, gay/lesbian issues, anger, grief, phobias, stress, and transitional issues that can be helped by short-term counseling. No walk-in clinic for emergency situations or chronic mental health problems. Service located in San Luis but available for Santa Maria residents.

Eligibility: Open to all

Language: English, Spanish

Phone Number: 805.543.7969

Website: www.cccslo.com

Counseling Services – Santa Maria Valley Youth and Family Center

Individual and family counseling for children, youth, and their families during times of loss, trauma, and other major life concerns. Serving families to include grandparents raising their grandchildren, probation youth, Child Welfare Services families, Special Education Local Plan Area youth and also provides parenting groups.

Eligibility: Medi-Cal Clients from SB County unless authorized by Mental Health

Language: English

Phone Number: 805.928.1707

Website: www.smyfyc.org

Hosford Counseling & Psychological Services Clinic – University of California, Santa Barbara

Counseling services as well as career and mental health assessments by Ph.D. student therapists. Offers services to community residents as well as to UCSB faculty, students and staff. Service located in Santa Barbara city but available for Santa Barbara County residents.

Eligibility: Open to all

Language: English, Spanish

Phone Number: 805.893.8064

Website: www.ucsb.edu

LGBTQ+

Counseling & Recovery Services – Pacific Pride Foundation

Mental health counseling for Lesbian, Gay, Bisexual, Transgender and Questioning + (LGBTQ+) and communities affected by HIV/AIDS.

Eligibility: All ages
Language: English, Spanish
Phone Numbers: 805.349.9947
Website: www.pacificpridefoundation.org

SCHOOL BASED CRISIS INTERVENTION

Crisis Intervention – Santa Maria Joint Union High School District

Offers crisis intervention and prevention services. Individual consultation/mentoring available to students and families of students. Service specific to addiction, relationship, family dynamics, abuse, self-harm, eating disorders, depression, anxiety, communication skills, anger management, and other student needs.

Eligibility: Must be a current high school student
Language: English, Spanish
Phone Numbers: 805.922.1305 Pioneer Valley High School
805.934.2025 Righetti High School
805.925.2567 Santa Maria High School
Website: www.smjuhsd.k12.ca.us

SUBSTANCE ABUSE

Alcoholics Anonymous Meeting – Alcoholics Anonymous (AA)

Non-professional support groups. Membership is open to anyone who wants to do something about his or her drinking problem. Follows the 12-steps program.

Eligibility: Must have desire to stop drinking. Open to all ages
Language: English, Spanish
Phone Number: 805.925.3782
Website: www.santabarbaraAA.com

Adolescent Substance Abuse Treatment – Coast Valley Substance Abuse Treatment Center

Outpatient services for youth with alcohol and substance abuse/dependence. Services include group and individual counseling, positive decision making support, relapse prevention, substance abuse education and drug testing.

Eligibility: Youth with alcohol and substance abuse/dependence
Language: English, Spanish
Phone Number: 805.739.1512
Website: www.coastvalleysatc.com

Daniel Bryant Youth & Family Treatment Program – Council on Alcoholism & Drug Abuse (CADA)

Structured outpatient treatment programs for adolescents with alcohol and substance abuse/dependence issues, provides comprehensive services to promote abstinence and recovery. Services may include: drug and alcohol testing, alcohol abuse education and prevention, drug abuse education and prevention, alcohol support groups, and drug abuse counseling.

Eligibility: Youth ages 12-18, Parents of youth 12-18
Language: English, Spanish
Phone Number: 805.925.8860
Website: www.cadasb.org

Trust & Verify – Fighting Back Santa Maria Valley

Encourages children to live a drug-free lifestyle, and offers assistance for those who may need further support. Drug test screenings available in-office for a small fee.

Eligibility: 9th -12th grade students
Language: English, Spanish
Phone Number: 805.346.1774
Website: www.fbsmv.com

Drug & Alcohol Program – Santa Maria Valley Youth & Family Center

Supportive services such as group and individual counseling for substance abuse, intervention and free drug testing upon request.

Eligibility: Youth ages 13-18
Language: English, Spanish
Phone Number: 805.928.1707 Ext.203
Website: www.smvafc.org

SCHOOL BASED

Club Live – Council on Alcoholism & Drug Abuse (CADA)

Alcohol and drug-free clubs at Junior High Schools. Program plans alternative alcohol and drug-free activities, rallies and assemblies, community service training and projects, as well as alcohol and drug education.

Eligibility: Youth ages 11-14

Language: English, Spanish

Phone Number: 805.925.8860

Website: www.cadasb.org

Friday Night Live – Council on Alcoholism & Drug Abuse (CADA)

Alternative alcohol and drug-free activities, rallies and assemblies, community service training, youth advocacy, projects and leadership training. Alcohol and drug education are also provided and include a cross-age mentoring program.

Eligibility: Youth ages 14-18

Language: English, Spanish

Phone Number: 805.925.8860

Website: www.cadasb.org

EDUCATION

SCHOLARSHIPS & FINANCIAL ASSISTANCE

EOPS – Allan Hancock College

Financial assistance, support, and encouragement for eligible low-income students. Additional services include book grants, cash grants, registration assistance, peer advising, career, academic, and personal counseling, workshops, social activities, network with four-year institutions, and assistance with completing financial aid applications.

Eligibility: Must be a California resident, qualify for the Board of Governors' Fee Waiver (BOG-FW A/B), enrolled full time (12 units or more), completed less than 70 units of college credit courses, educationally disadvantaged as determined by the EOPS criteria

Language: English

Phone Number: 805.922.6966 Ext.3214

Website: www.hancock.edu/eops/

SCHOLARSHIPS & FINANCIAL ASSISTANCE

College Achievement Now (CAN) – Allan Hancock College

Provides a support system through academic and Financial support to include services such as: priority registration, tutoring, student plan, campus and cultural field trips, book loan, free printing, laptop and calculator lending, assistance with scholarship applications and peer coaching.

Eligibility: First generation, low income or verifiable disability.

Language: English, Spanish

Phone Number: 805.922.6966 Ext.3434

Website: www.hancock.edu/can/

Financial Aid Workshops – Central Coast Cal-Soap Consortium (Cal-SOAP)

College information, financial aid and California Dream Act workshops as well as college tours. The program is intended to advise, motivate and inform students regarding college admissions and financial aid information.

Eligibility: Financial aid assistance for high school students and campus tours for all students

Language: English, Spanish

Phone Number: 805.922.6966 Ext.3710

Website: www.hancockcollege.edu/cal-soap

Free Application for Federal Student Aid – Federal Student Aid (FAFSA)

Financial aid programs including the student financial assistance programs. These programs provide grants, loans, and work-study funds to students attending college or a career school.

Eligibility: Call or visit the website for more information

Language: English

Phone Number: 1.800.730.8913

Website: www.fafsa.gov

Student Scholarship Program – Scholarship Foundation of Santa Barbara

Scholarships, no-interest loans, and financial aid advising.

Eligibility: Applicants must have attended at least four of the previous six years between grades 7-12 at a Santa Barbara County school and have graduated or received a GED from a Santa Barbara County high school. Applicants must also be planning to attend an approved school full-time (12 units/term) as an undergraduate or graduate/medical student.

Language: English, Spanish

Phone Number: 805.687.6065

Website: www.sbscholarship.org

TUTORING & HOMEWORK ASSISTANCE

Power Hour Making Minutes Count – Boys & Girls Club

Tutoring and help with homework, encouraging young people to graduate high and school pursue a post-secondary education.

Eligibility: Must be a 6-18 year old Boys and Girls Club member

Language: English, Spanish

Phone Number: 805.922.7763

Website: www.bgcsmv.org

Recreations & Parks Department – City of Santa Maria

Tutoring and homework support during the school year. Internet and computer access available for students.

Eligibility: 7th–12th grade students between the ages of 12-18

Language: English

Phone Number: 805.925.0951 Ext.2252

Website: www.cityofsantamaria.org/city-government/departments/recreation-and-parks/get-active/abel-maldonado-community-youth-center

Homework Help – Santa Maria Public Library

Tutors available to help children with their homework. One on one help and computer access available.

Eligibility: Children in kindergarten through 6th grade

Language: English, Spanish

Phone Number: 805.925.0994 Ext.2319

Website: www.cityofsantamaria.org

SCHOOL BASED

Tutors/Peer Advisors – Central Coast Cal-Soap Consortium (Cal-SOAP)

Tutoring and peer advisement by college students who are often from backgrounds similar to those of the students and with whom the students can identify. Tutors/peer advisors will meet with students in a classroom or college/career center and provide academic or advisement assistance. Directly work with students to encourage academic success so that they can be eligible to attend a college or university.

Eligibility: Must be a student in elementary, junior high or high school
Language: English, Spanish
Phone Number: 805.922.6966 Ext.3710
Website: www.hancockcollege.edu/cal-soap

ALTERNATIVE EDUCATION

California National Guard Grizzly Youth Academy – National Guard Youth Challenge Program

5½ months of discipline in a residential phase focusing on education and practical life skills. Followed by 12 months of a post-residential phase which involves skilled and trained mentors to support graduates by engaging in positive, durable placement. Students may earn up to 60 credits during their 22 week participation. The program focuses on 8 Core Components: academics, health and hygiene, job skills, leadership/fellowship, life-coping skills, physical fitness, responsible citizenship, service to community.

Eligibility: Committed to making a change in their life. 16-18 years of age on the first day of admission. A citizen or legal resident of the US and resident of California. A high school drop-out, or at risk of dropping out or seriously behind credits. Voluntary (student's decision to attend). Physically, mentally, and emotionally capable of completing the program. Drug Free: Students will be drug tested on the first day of school. Those who fail this test will be sent home. No felony verdicts or felony convictions, awaiting trial, or currently in trial proceedings. We can accept those with misdemeanors.

Language: English
Phone Number: 1.800.926.0643
Website: www.grizzlyyouthacademy.org

EMPLOYMENT

Youth Employment Program – California Employment Development Department (EDD)

Educational and vocational services emphasizing on education, assessments, and advising, resume building, job application assistance, college and financial aid assistance, career outlook, and skills assessments.

Eligibility: Youth ages 15-25 with at-risk characteristics including but not limited to: youth offender, poor literacy skills, teen parent, economically disadvantaged, youth with a disability, member of a minority, and limited English skills.

Language: English, Spanish

Phone Number: 805.614.1211

Website: www.edd.ca.gov

Student Employment – Central Coast CAL-SOAP Consortium (Cal-SOAP)

Employment for college students attending Allan Hancock College. College students work with 7th through 12th graders. Tutors also serve as mentors and a resource for those students who have questions about college. Tutors work in classrooms with teachers and at after school sites, where they assist students with mastering course material to prepare them for entry into post-secondary education.

Eligibility: Tutor position applicant requirements: must be an Allan Hancock student with a 2.5 GPA and must demonstrate financial need as determined by financial aid office.

Language: English, Spanish

Phone Number: 805.922.6966 Ext.3710

Website: www.hancockcollege.edu/cal-soap

Teen Green Builders – Element Counseling Group

Empowers youth through work experience, training and employment skills. Mentors youth while building/refurbishing homes to give back to the community and to learn the trade. Youth receive letters of recommendation and acknowledgement for resumes and college applications.

Eligibility: Youth ages 15½-18 with a California Identification and Work Permit

Language: English, Spanish

Phone Number: 805.346.0097

Website: www.teengreenbuilding.org

First American Step Transitions (FAST) – Element Counseling Group

Youth career training and mentorship. Explores career interest through career aptitude testing and allows youth to experience and train in their career of choice.

Eligibility: Youth ages 15½-18

Language: English, Spanish

Phone Number: 805.346.0097

Website: www.teengreenbuilding.org

Youth Network Services – Path Point

Paid work experience and assists youth in developing basic skills. Connects youth to community resources, and supports through navigating the educational system. Supports and guides youth in various aspects of career related services.

Eligibility: Youth ages 16-24
Language: English, Spanish
Phone Number: 805.934.3537
Website: www.pathpoint.org

SCHOOL BASED SERVICE**Career Technical Education – Santa Maria Joint Union High School**

Career technical education, career education, career development, and workforce preparation. Students learn how to complete a job application, prepare their own resume, and interview for a job. Students who enrolled in the program classes earn credits towards graduation.

Eligibility: Must be a registered High School student ages 16+
Language: English
Phone Number: 805.922.1305 Pioneer Valley High School
805.925.2567 Santa Maria High School
805.937.2051 Ernest Righetti High School
Website: www.smjuhsd.k12.ca.us

RELATIONSHIP & CONFLICT RESOLUTION

Community Mediation Program – Conflict Solutions Center

Assists families, neighbors, and community members resolve a wide range of conflict and disputes including: family, landlord/tenant, roommates, neighborhood, business, consumer/merchant, homeowner association, real estate, construction, personal loan, and more.

Eligibility: All ages are eligible

Language: English, Spanish

Phone Number: 805.349.8943

Website: www.cscsb.org

Within My Reach For Individuals – Fighting Back Santa Maria Valley

8 week course helps individuals to learn and create more satisfying interactions with the people that matter in their life. Provides critical concrete skills to help develop more enriching relationships. Topics include knowing yourself first, Smart love, and Making your own decisions. Class groups determined by age.

Eligibility: Available for adults and teens 15+

Language: English, Spanish

Phone Number: 805.346.1774

Website: www.fbsmv.com

Parent Project – Fighting Back Santa Maria Valley

10 week program that works with parents and teens to improve communication, school attendance and performance, prevent or intervene in alcohol and/or drug use, prevent or intervene in gang involvement.

Eligibility: Must have children between the ages 11-18

Language: English, Spanish

Phone Number: 805.346.1774

Website: www.fbsmv.com

MENTORSHIP

One-to-One Mentoring

Big Brother Big Sister – Family Service Agency of Santa Maria

Professionally supported one-to-one mentoring relationship which provides the extra support needed to help the child avoid risky behavior, improve academic achievement, and develop greater self-esteem.

Eligibility: Youth ages 6-17
Language: English, Spanish
Phone Number: 805.925.1100
Website: www.fsacares.org

LEADERSHIP

Keystone Club – Boys & Girls Club of Santa Maria Valley

Youth members elect officers and implement activities in the following areas: service to club and community, character and leadership development, education and career, exploration, unity, enterprise and social recreation.

Eligibility: Must be a Boys and Girls Club member between ages of 14-18
Language: English
Phone Number: 805.922.7763
Website: www.bgcsmv.org

Torch Club – Boys & Girls Club of Santa Maria Valley

Elect officers and work together to implement activities in four different areas: Service to Club and Community, Education, Health and Fitness, Social Recreation

Eligibility: Must be a Boys and Girls Club Member between the ages of 11-13
Language: English
Phone Number: 805.922.7763
Website: www.bgcsmv.org

Teens In Action – Camp Fire Central Coast of California

Informal education to youth in small groups to inspire them to learn, care, increase confidence and become future leaders. Youth participate in constructive fun for young people such as: camping, special events, summer day camp and community service projects.

Eligibility: Youth ages 12-18
Language: English
Phone Number: 805.773.5126
Website: www.campfirecentralcoast.org

CC Future Leaders – Central Coast Future Leaders

Youth strengthening skills to teach, give to others, and expand their individual and collective activism. Each activity is designed, implemented and evaluated by youth building on the value of local leadership at all levels. Youth are encouraged to bring community issues to the meetings and work together to find solutions.

Eligibility: Youth ages 14-18
Language: English, Spanish
Phone Number: 805.925.1010
Website: www.ccfutureleaders.org

P.A.L Key Club – City of Santa Maria Recreation & Parks Department

Leadership for teens to meet weekly and determine upcoming projects. Teens have the opportunity to volunteer and attend leadership and team building conferences.

Eligibility: Youth ages 12-18 enrolled in 7th -12th grade
Language: English, Spanish
Phone Number: 805.925.0951 Ext.2252
Website: www.cityofsantamaria.org

Youth Making Change – Fund for Santa Barbara

Teen-led grant-making program provides young people with the opportunity to engage directly in organized philanthropy. Projects are led by youth that impact young people in Santa Barbara County. Youth create and conduct an entire grant cycle from start to finish and share what they have learned as grant-makers and philanthropists with their communities.

Eligibility: Youth ages 13-19

Language: English, Spanish

Phone Number: 805.922.1707

Website: www.fundforsantabarbara.org

RECREATION

Youth Sports – Boys & Girls Club of Santa Maria Valley

Offers sports league programming for youth in various age groups.

Eligibility: Youth ages 6-18
Language: English, Spanish
Phone Number: 805.922.7763
Website: www.bgcsmv.org

Abel Maldonado – City of Santa Maria Recreation & Parks

Free drop-in game room, technology, media center, fitness center, arts and crafts activities. Free tutoring available during the school year. All participants must follow guidelines and expectations: participants will refrain from wearing inappropriate clothing, fighting, drug use, smoking, and threats are not tolerated, members will maintain respect for staff, facility, and guests of the center at all times.

Eligibility: Youth ages 12-18 enrolled in 7th-12th grade
Language: English, Spanish
Phone Number: 805.925.0951 Ext.2252
Website: www.cityofsantamaria.org

Parks & Recreation Programs – City of Santa Maria Recreation & Parks

A variety of recreational activities and programs for the community.

Eligibility: No restrictions
Language: English, Spanish
Phone Number: 805.925.0951 Ext.2260
Website: www.cityofsantamaria.org

Youth Education & Leadership – Santa Maria Valley YMCA

A safe place for teens to connect with positive role models and adults. Teen programs include youth development activities, leadership groups, community service projects, exposure to diverse career options, after-school activities, tutoring and mentoring, sports, camping, strength-training, and fun, recreational events.

Eligibility: Youth ages 12-18
Language: English, Spanish
Phone Number: 805.937.8521
Website: www.smvymca.org

SEXUAL & REPRODUCTIVE / HEALTH

SEXUAL & REPRODUCTIVE EDUCATION

California Personal Responsibility Program (Cal-PREP) – Community Action Commission (CAC)

Evidence-based curriculum for youth to develop the knowledge, attitude, and skills to reduce the risk for HIV, STIs and unplanned pregnancy. Saturday and afternoon classes available.

Eligibility: Youth ages 12-21

Language: English, Spanish

Phone Number: 805.922.2243

Website: www.cacsb.org

Educational Services – Planned Parenthood Santa Barbara, Ventura & San Luis Obispo Co. Inc.

Community presentations, peer outreach programs, youth development services, parent education, and professional trainings on relationships, sexual and reproductive health, abortion, birth control, body image, general health, sex and sexuality, gender and sexual orientation, pregnancy, STD's and safe sex.

Eligibility: Open to all

Language: English, Spanish

Phone Number: 805.963.2445

Website: www.plannedparenthood.org/ppsbvslslo

SCHOOL BASED SERVICE

Teen Sexual Health Empowerment – Community Action Partnership of San Luis Obispo

Evidence-based, comprehensive curriculum and leadership opportunities to reduce the risk of early sexual involvement, teen pregnancy and STIs by empowering youth to make informed decisions for health and successful lives.

Eligibility: Available on school campus to high school students enrolled in a health class

Language: English

Phone Number: 805.544.2484

Website: www.capslo.org

CLINIC SERVICES

Family Pact – California Department of Health Care Services

Confidential support to prevent an unplanned pregnancy and protect your reproductive health. Confidential family planning visits for birth control and counseling may include: emergency contraceptive pills, prevention, screening and treatment of most sexually transmitted infections, HIV testing, and counseling. Limited cervical cancer screening.

Eligibility: California residents, low income, no healthcare

Language: English, Spanish

Phone Number: Community Health Center: 805.345.3701

Marian Medical: 805.739.3890

Planned Parenthood: 888.898.3806

Website: www.familypact.org

SCHOOL BASED HEALTH & NUTRITION

Project Teen Health Club – Community Action Partnership of SLO

Free nutrition consultations to students attending Santa Maria High School. After school workouts in the aerobics room at SMHS include Zumba, Yoga, Cardio Kickboxing and Circuits

Eligibility: Youth ages 13-18

Language: English, Spanish

Phone Number: 805.544.2484 Ext.713

Website: www.capslo.org

EXPECTANT & PARENTING TEENS

INDIVIDUAL & FAMILY SUPPORT

Pregnancy & Resource Support – Care Net Pregnancy & Resource Support

Provides pregnancy tests, parenting classes, peer counseling, abstinence information, baby and maternity clothing, and professional referrals

Eligibility: All needing assistance are eligible at no charge

Language: English, Spanish

Phone Number: 805.928.9285

Website: www.carenetsm.com

Teen-Age Pregnancy & Parenting Program (TAPP) – Community Action Commission (CAC)

Evidence-based case management for expectant and parenting females. Focusing on child well-being, health, parenting, relationships and education.

Eligibility: Expectant and parenting female youth 12-17 yrs. old

Language: English, Spanish

Phone Number: 805.922.2243

Website: www.cacsb.org

Maternal Child & Adolescent Health Program – Santa Barbara County Public Health Department

Education for new mothers, newborn care and breastfeeding; screening and assessment related to health and safety; assistance with linking to services in the community. Offers home visiting and case management services by experienced RNs/Public Health Nurses to promote health of mothers and children.

Eligibility: Serves children and women of child bearing age who are low-income and at high risk for adverse outcomes, such as: no health insurance, teen parents, medical conditions, problems after pregnancy, child's developmental delays, exposure to tobacco, alcohol, drugs, family violence, depression or other conditions that interfere with health.

Language: English, Spanish

Phone Number: 805.819.1154

Website: www.sbcphd.org

SAFELY SURRENDERED BABY LAW

Safely Surrendered Baby Program– Santa Barbara County Department of Social Services (DSS)

A parent or person with lawful custody can safely surrender a baby confidentially and without fear of prosecution within 72 hours of birth. The SSB law requires the baby be taken to a public or private hospital or fire station. At the time of surrender, a bracelet is placed on the baby for identification purposes and a matching bracelet is provided to the parent or lawful guardian. A parent or person with lawful custody has up to 14 days from the time of surrender to reclaim their baby. The baby will be placed in a foster or pre-adoptive home. Safe Surrender sites can be found through a search of "Hospitals" or "Fire Stations". This does not cause any danger, is confidential, and without fear of prosecution..

Eligibility: Santa Barbara County residents who are the parents or lawful guardians of a new born baby within the past 72 hours.

Language: English, Spanish

Phone Number: 877-222-9723

Website: www.sbcfire.com/safely-surrendered-baby-program/

SCHOOL BASED SERVICE

Cal-Safe – Santa Maria Joint Union High School

Early education services and child care on the site while teen parents attend high school classes. Both pregnant teens and teen parents are offered assistance with academic coursework, prenatal and parenting classes, and complete a supervised one-hour lab in the center each day.

Eligibility: Teen parents enrolled in school up to age 19 and parenting children 0-5

Language: English, Spanish

Phone Number: 805.819.1154

Website: www.smjuhsd.k12.ca.us/

NUTRITION

Nutrition Services/WIC Program – Santa Barbara County Public Health Department

Supplemental nutrition program for low to moderate-income, at risk, pregnant or breastfeeding women, and infants and children less than five years of age. Participants receive checks for food and nutrition education monthly to help them achieve and maintain good health.

Eligibility: Residents of Santa Barbara County, income eligible, pregnant, breastfeeding a baby under 1 year of age, just had a baby in the past 6 months, infants & children less than 5 years old including those cared for by a single father, grandparent, foster parent, step-parent or guardian.

Language: English, Spanish

Phone Number: 805.346.8450

Website: www.sbcphd.org

FOSTER YOUTH

TRANSITIONAL SUPPORT

Transitional Age Youth Services – The Family Care Network, Inc.

Housing and support services to current and former foster youth transitioning from care to adult independence. Services include: Transitional Housing Placement (THPP) for youth ages 16-18, Transitional Housing Plus (THP+) for youth ages 18-24, Transitional Housing Plus Foster Care (THP+-FC) for youth ages 18-21, Independence Living Program Assistance for Youth (ILP ages 14-21).

Eligibility: Youth ages 14-21 currently or previously a ward of the court through Child Welfare or Probation Services.

Language: English, Spanish

Phone Number: 805.349.9600

Website: www.fcni.org

THERAPY TREATMENT

***HOPE – Santa Maria Valley Youth & Family Center**

Therapeutic services provide families with the tools needed to resolve crisis, create stability in home, and be able to address any problems that may arise after services are completed. Therapeutic services focus on: stabilizing placement and preventing placement disruption whether it is with their biological or foster family. Resolving any crisis affecting the family's ability to provide stability. Targeting specific goals, related to their diagnosis, to decrease symptoms and resulting problematic behaviors, etc.

Eligibility: Children and youth ages 5-19 in foster care referred by Child Welfare Services enrolled in Medi-Cal

Language: English, Spanish, Mixteco, American Sign Language

Phone Number: 805.928.1707

Website: www.fbsmv.com

Intense Therapeutic Foster Care – The Family Care Network, Inc.

Foster family specialized training in caring for a child or youth with emotional and/or behavioral challenges, coupled with intense clinical services, such as: in-home support; individual and family counseling; and substantial foster family support

Eligibility: Must be a ward of the court

Language: English, Spanish

Phone Number: 805.349.9600

Website: www.fcni.org

EDUCATION & FINANCIAL SUPPORT

CAFEYS – Allan Hancock College

Academic counseling, peer mentoring, book vouchers, educational grants, transportation vouchers, food cards, school supplies, field trips, computer lab and tutoring.

Eligibility: EOPS eligible, former/current foster care youth, have been in the foster care system between the ages 16-25, enrolled full time (9+ units)

Language: English

Phone Number: 805.922.6966 Ext.3623

Website: www.hancock.edu/cafyes

Chafee Grant for Foster Youth – California Student Aid

Grants up to \$5,000 a year for career and technical training or college. Money does not need to be paid back. Grant can be used to help pay for child care, transportation, rent while attending college.

Eligibility: Current or former foster youth who was a dependent or ward of the court, living in foster care, between the ages of 16 and 18. Not have reached your 22nd birthday as of July 1st of the award year.

Language: English

Phone Number: 888.224.7268

Website: www.chafee.csac.ca.gov

Foundation for Success – Fighting Back Santa Maria Valley

Serves high school students in foster care by teaming up with the students and their shareholders. Encourages school attendance, school involvement, setting academic goals, and the overall achievement of high school graduation.

Eligibility: Must have an open case in the Foster Care System

Language: English

Phone Number: 805.346.1776

Website: www.fbsmv.com

ADVOCACY

Court Appointed Special Advocates – Court Appointed Special Advocates (CASA)

Screened and trained volunteers to serve as personal advocates for court dependent children at the discretion of the juvenile court judge or commissioner. Volunteers may be appointed to a child who has been held up in the system beyond the legal time limit, who has changed foster homes a number of times, or any other situation where the judge requires more information. Volunteers gather information about the child by interviewing all involved and by spending time with the child, then reporting directly to the judge. Volunteers stay with one child or set of siblings until the case is completely resolved and the child is no longer court-dependent.

Eligibility: Court-dependent children. Advocate must be at least 21 years old, one year commitment is required, attend 30 hour training in order to volunteer as a CASA.

Language: English, Spanish

Phone Number: 805.739.9102

Website: www.sbcasa.org

LAW / PROBATION

***Los Compadres – Community Action Commission (CAC)**

Mentors youth on probation by providing them with options on how to make better choices to live a healthy lifestyle. Services include: case management, substance abuse and violence prevention education, educational support (school credit deficient), life and employment skills, goal setting, understanding the consequences and rewards of choices, communication and positive relationships.

Eligibility: Probation referred only
Language: English, Spanish
Phone Number: 805.922.2243
Website: www.cacsb.org

Restorative Justice – Conflict Solutions Center

Opportunity for 1st and 2nd time juvenile offenders to meet with the victim for resolution and healing.

Eligibility: 1st and 2nd time juvenile offenders
Language: English, Spanish
Phone Number: 805.349.8943
Website: www.cscsb.org

Conflict Resolution/Anger Management – Conflict Solutions Center

Conflict resolution and anger management workshops for youth who have had contact with Law Enforcement or are currently on formal or informal probation.

Eligibility: Youth who have had contact with Law Enforcement or currently on formal or informal probation.
Language: English, Spanish
Phone Number: 805.349.8943
Website: www.cscsb.org

Teen Court – Council on Alcoholism and Drug Abuse (CADA)

Provides opportunity for youth offenders to take responsibility for their actions while avoiding a juvenile record. Mandatory components of a teen court sentence include: jury duty, community service, educational classes and counseling.

Eligibility: Youth ages 10-18
Language: English, Spanish
Phone Number: 805.925.8860
Website: www.cadasb.org

LEGAL SERVICES

Teen Legal Clinic – Santa Barbara Teen Legal Clinic

Free legal services to teens on various legal issues: civil rights, guardianship, immigration, education law, suspension, truancy issues, emancipation, health care, pregnant and parenting minors, special education matters, expulsion, and children living away from parents. Service located in Santa Barbara city but available for Santa Barbara County residents.

Eligibility: 18 years and younger
Language: English, Spanish
Phone Number: 805.962.3344
Website: www.sbteenlegal.org

JUVENILE DETENTION

Juvenile Probation Service – Santa Barbara County Probation Department

Provides juvenile probation investigation and supervision services for the court. Offers services to victims of crime, and provides treatment opportunities to offenders and their families through collaborative partnerships within the community.

Eligibility: Up to 18 years old; minors who have committed violations of the law.

Language: English, Spanish

Phone Number: 805.739.8500

Website: www.countyofsb.org

Santa Maria Juvenile Hall – Santa Barbara County Probation Department

24 hour secure facility for observation, treatment and detention of minors who have committed law violations.

Eligibility: Minors who have committed law violations

Language: English, Spanish, other languages by arrangement

Phone Number: 805.934.6270

Website: www.countyofsb.org

*Los Prietos Boys Camp/Academy - Santa Barbara County Probation Department

Early intervention, minimum security correctional/treatment program for non-violent delinquent boys who are 602 WIC wards of the Juvenile Court. Educational, counseling, vocational and recreational program objectives strive for redirection of youth toward successful reintegration into the family and community.

Eligibility: Juvenile Court mandated under 18 years of age

Language: English, Spanish

Phone Number: 805.692.1750

Website: www.countyofsb.org/probation



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